



Government Resources

Financial Support

Social Security Administration (SSA)

www.socialsecurity.gov

www.ssa.gov/disability

800-772-1213 (TTY)

The SSA handles retirement disability payments and administers the Supplemental Security Income program (SSI), among other services. The Social Security and Supplemental Security Income disability programs are the largest of several Federal programs that provide monetary assistance to people with disabilities.

CalWORKs

www.benefits.gov/benefits/benefit-details/1229

CalWORKs is a welfare program that gives cash aid and services to eligible needy California families. The program serves all 58 counties in the state and is operated locally by county welfare departments. If a family has little or no cash and needs housing, food, utilities, clothing or medical care, it may be eligible to receive immediate short-term help. Families that apply and qualify for ongoing assistance receive money each month to help pay for housing, food and other necessary expenses.

Able Now

www.able-now.com

ABLEnow accounts help individuals with disabilities save money to pay for qualified expenses, without being taxed on the earnings – and in most cases, without losing eligibility for certain means-tested benefit programs.

Healthcare

Medicare

www.benefits.gov/benefits/benefit-details/1229

<https://www.ssa.gov/medicare/>

www.medicare.gov/people-like-me/disability/disability.html

Individuals are automatically enrolled in Medicare after receiving disability benefits for 2 years.

Medi-Cal

www.medi-cal.ca.gov

Medi-Cal is California's Medicaid program. This is a public health insurance program which provides needed health care services for low-income individuals including families with children, seniors, and persons with disabilities.

California Department of Healthcare Services

<http://www.dhcs.ca.gov/services/medi-cal/Pages/default.aspx>

Information on eligibility, application process, and services offered through the state's Medicaid program. Provides a listing of California's county social services offices.



Government Resources

L.A. Care Health Plan

www.lacare.org

L.A. Care Health Plan is a community-accountable health plan that serves nearly 800,000 L.A. County residents. The plan partners with local Medi-Cal providers to provide choices for doctors, clinics, drugstores, and hospitals.

Benefit Calculator

Disability Benefits 101 (DB101)

www.DB101.org

DB101 brings together rules for health coverage, benefits, and employment programs that people with disabilities use. These programs may be run by state, federal government, non-profit, or private organizations. Here they help people with disabilities understand their benefits and discuss them under one roof and in plain language.

The Benefit Eligibility Screening Tool (BEST):

www.benefits.gov/ssa

The Benefit Eligibility Screening Tool (BEST) helps you find out if you could get benefits that Social Security administers. Based on your answers to questions, this tool will list benefits for which you might be eligible and tell you more information about how to qualify and apply.

Advocacy

Disability Rights California

www.disabilityrightsca.org

800-776-5746

California's protection & advocacy system. Advocate, educate, investigate and litigate to advance and protect the rights of Californians with disabilities. Disability Rights California ensures that recipients of government assistance get treated properly and are familiar with all programs to coordinate services. Contact if you feel you are not receiving necessary assistance.

Care Giving Services

In-Home Supportive Services (IHSS) Program

<http://www.dds.ca.gov/SupportSvcs/IHSS.cfm>

888-944-4477

IHSS pays for services that enable eligible individuals who are disabled (including children over 6 years of age) to remain safely in their own homes. Individuals who qualify hire their own provider(s) to assist them with personal care services such as bathing, grooming, dressing and bowel and bladder care; domestic services such as cooking, housecleaning and laundry; paramedical services such as assistance with medications, suctioning, and catheter care; and accompaniment to medical appointments.



Government Resources

In-Home Operations (IHO)

The In-Home Operations waiver is a new waiver designed to assist in supporting a participant in his/her home as an alternative to care in a licensed health care facility. Allows participant to receive up-to the same amount of care provider hours in home as they'd receive inside a facility. <http://www.dhcs.ca.gov/services/ltc/Documents/IHOQuickReferenceGuideandFAQ.pdf>

Home and Community Based Services (HCBS) Waiver Program

<http://www.dhcs.ca.gov/services/Pages/HCBSWaiver.aspx>

916-552-9400 or 877-565-4477

HCBS waivers provide funding for optional Medi-Cal services such as case management and personal assistance services. California has six HCBS waiver categories that serve specified subgroups of aged, developmentally disabled, physically disabled, and HIV/AIDS Medi-Cal eligible populations. For additional information, contact PASC's Information and Referral Office.

Personal Assistance Services Council (PASC)

www.pascla.org

877-565-4477

PASC is the public authority for In-Home Supportive Services (IHSS) in L.A. County. PASC operates a Registry to match IHSS consumers and providers. The PASC Homecare Registry is a free and voluntary service that IHSS consumers can use to obtain referrals of homecare providers. Registry providers are referred to consumers based on the consumer's needs, hours allotment, and geographical location.

Return to Community

Department of Rehabilitation

www.dor.ca.gov

213-736-3904

The Department of Rehabilitation assists individuals with disabilities maximize their ability to live independently in their communities and in areas of employment by providing vocational rehabilitation, training, and job placement services, and financial aid.

Independent Living Centers (ILCs)

www.cfilc.org

www.dor.ca.gov/ILS/ILC-List.html

916-325-1690

ILCs are organizations which provide services that enable individuals with disabilities to live and work independently, attendant referrals, advocacy, peer counseling, and information related to housing and transportation. There are seven Independent Living Centers (ILCs) in L.A. County.



Government Resources

Living Independently in L.A. (LILA)

<http://www.icdri.org/community/laila.htm>

LILA is an online information system that assists individuals with disabilities and seniors to locate programs and services. LILA's databases include information on businesses, inclusive recreation programs, and independent living resources.

250% Medi-Cal Working Disabled Program

www.db101.org

626-854-4892

The 250% Medi-Cal Working Disabled Program allows people with disabilities to earn income without losing their Medi-Cal or IHSS benefits. Further information can also be obtained by contacting your local independent Living Center.