

## Veterans Services

### **U.S. Department of Veterans Affairs**

[www.va.gov](http://www.va.gov)

### **National Veterans Crisis Hotline**

1-800-273-8255

<https://www.veteranscrisisline.net/>

### **Paralyzed Veterans of America (PVA)**

[www.pva.org](http://www.pva.org)

Works to maximize the quality of life for its members and all people with SCI/D as a leading advocate for health care, SCI/D research and education, veterans' benefits and rights, accessibility and the removal of architectural barriers, sports programs, and disability rights.



**Paralyzed Veterans  
of America**

CALIFORNIA CHAPTER

### **PVA California Chapter Long Beach**

<https://pvacaliforniachapter.org/>

[www.facebook.com/pva.ca.chapter](http://www.facebook.com/pva.ca.chapter)

5901 E. Seventh Street Bldg 150 R-204 Long Beach, CA 90822

562-826-5713 or 800-497-0565

Non-Profit Organization Serving Veterans with spinal cord injury/disease

### **Cal-Diego Paralyzed Veterans Association**

[www.caldiegoPVA.org](http://www.caldiegoPVA.org)

858-450-1443

Improve the quality of life for veterans of the US Armed Forces and others who have a spinal cord injury or disease.

### **VA Long Beach Healthcare System SCI Center**

<http://www.longbeach.va.gov/services/sci.asp>

5901 E. Seventh St., Bldg 150, Long Beach, CA 90822

SCI Admissions Coordinator (to establish SCI care at Long Beach VA Hospital)

562-826-8000, x2349

### **VA San Diego Healthcare System SCI Center**

[http://www.sandiego.va.gov/services/Spinal\\_Cord\\_Injury.asp](http://www.sandiego.va.gov/services/Spinal_Cord_Injury.asp)

3350 La Jolla Village Dr., San Diego, CA 92161

SCI Admissions Coordinator (to establish SCI care at San Diego VA Hospital)

858-642-3185/858-642-4396



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### **U.S. Dept. of Veterans Affairs VA Hospital Locator**

[www.va.gov/directory/guide/home.asp](http://www.va.gov/directory/guide/home.asp)

Veterans who are SCI victims, and injury is unrelated to military duties, are eligible to receive VA medical care.

### **National Archives & Records Administration**

[www.archives.gov](http://www.archives.gov)

Old Military and Civil Records (NWCTB-Military)

Retrieve missing Separation Papers (pre-1950 and DD-214)

Textual Services Division

700 Pennsylvania Ave., N.W. Washington, DC 20408-0001

### **Veterans Transition Center for OIF/OEF/OND Combat Veterans**

[www.oefoif.va.gov](http://www.oefoif.va.gov)

562-826-800, x5353

### **The National Organization of Veterans' Advocates (NOVA)**

[www.vetadvocates.com](http://www.vetadvocates.com)

Providing representation to America's veterans and their dependents.

### **Vets First Spinal Cord Injury Centers**

[www.vetsfirst.org/va-spinal-cord-injury-centers/](http://www.vetsfirst.org/va-spinal-cord-injury-centers/)

800-331-8387

This site allows you to search for VA hospitals that provide medical, surgical, mental health, geriatric, spinal cord injury, and advanced rehabilitation services.

### **Cal-Diego PVA Motorsports**

[http://caldiegopvamotorsports.com/Cal\\_Diego\\_PVA\\_MotorSports/Welcome.html](http://caldiegopvamotorsports.com/Cal_Diego_PVA_MotorSports/Welcome.html)

858-450-1443

Improve the quality of life for disabled veterans, and others, by the use of introduction, familiarization, and instruction of recreational and competitive driving.

### **Veteran Aid: The Aid and Attendance (A&A)**

[www.veteranaid.org](http://www.veteranaid.org)

Special Pension provides benefits for veterans and surviving spouses who require the regular attendance of another person to assist in eating, bathing, dressing and undressing or taking care of the needs of nature. It also includes individuals who are blind or a patient in a nursing home because of mental or physical incapacity.



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### **Disabled American Veterans**

[www.dav.org](http://www.dav.org)

Organization of disabled veterans who are focused on building better lives for disabled veterans and their families. Provides free assistance to veterans in obtaining benefits and services earned through their military service. It is fully funded through its membership dues and public contributions. It is not a government agency and receives no government funds

### **Wounded Warrior Project**

[www.woundedwarriorproject.org](http://www.woundedwarriorproject.org)

619-981-9642

Dedicated to foster the most successful, well-adjusted generation of wounded service members in our nation's history

### **Disabled Veterans SCUBA Project**

[www.dvsp.us](http://www.dvsp.us)

Serves disabled veterans (paraplegic, quadriplegic, PTSD, TBI, poly-trauma, blind or amputee) by helping them experience the camaraderie of SCUBA diving and the wonders of the underwater world. For non-veterans they are happy to put you into contact with HSA Certified instructors who can teach you outside of the Disabled Veterans SCUBA Project.

### **Handicap Scuba Association International (HSA)**

[www.hsascuba.com](http://www.hsascuba.com)

949-498-4540

The HSA has dedicated itself to improving the physical and social well-being of people with disabilities through the sport of scuba diving.

### **Jimmy Miller Memorial Foundation (JMMF)**

[www.jimmymillerfoundation.org/ocean-therapy/wounded-warriors-program](http://www.jimmymillerfoundation.org/ocean-therapy/wounded-warriors-program)

Provides free of charge its unique program of Ocean Therapy to the United States Marine Corps Wounded Warrior Battalion-West, as well as the Veterans from the West LA Veterans Hospital and youth from several care and shelter facilities for abused and foster children. The JMMF Ocean Therapy program for the Marines takes place year round on the beach at Camp Pendleton and the program for the Veterans and children operates on the beach at Manhattan Beach, CA, during the spring and summer months.

### **Department of Veterans Affairs: Specially Adapted Housing Program**

[www.homeloans.va.gov/sah.htm](http://www.homeloans.va.gov/sah.htm)

Veterans or service members who have specific service-connected disabilities may be entitled to a grant from the Department of Veterans Affairs (VA) for the purpose of constructing an adapted home or modifying an existing home to meet their adaptive needs.



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### **Semper Fi Fund and America's Fund**

[www.semperfifund.org](http://www.semperfifund.org)

The Semper Fi Fund provide immediate financial assistance and lifetime support to post 9/11 wounded, critically ill and injured members of all branches of the U.S. Armed Forces, and their families, ensuring that they have the resources they need during their recovery and transition back to their communities. They provide financial, emotional, and tiered support for our injured/ill service members and their families through the following programs: Family Support, Adaptive Housing, Adaptive Transportation, Specialized Equipment, Education and Career Transitioning, Rehabilitative Sports programs, and more.